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LacrosseTalk

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Stealth Determined In Year Four



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Photos courtesy of Dan Beattie Photography

By: LacrosseTalk Staff

It has been eight seasons since a Stealth lacrosse team started an NLL regular season undefeated – the last time was the 2008 campaign with three consecutive wins when the Stealth called San Jose home.

The Vancouver Stealth got off to a perfect 2-0 start -- the quickest start as a franchise since 2013, which was their last appearance in a Champion's Cup Final. This fast start gives plenty of reason for renewed hope in their fourth season north of the 49th parallel.

Reasons for early successes have to do with the changes the Stealth have experienced in the past year. With very few roster additions, much of the change has come within the team and a different outlook as a group.

Enter Head Coach and Assistant GM Jamie Batley and the 2017 Vancouver Stealth squad.

Batley is no stranger to lacrosse and the successes that have followed him every step of the way. He can be remembered as a tough, rugged two-way player that had a knack for scoring in an era where face masks were optional. As a player, this Peterborough Junior A product led his Mauler teams to two Minto Cups (1986 & 1987) and has two Mann Cup Championships with Six Nations Chiefs (1995 & 1996).

As a pro, he played in the NLL from 1995 through 2000 with the Buffalo Bandits, Syracuse Smash and Pittsburgh Crossfire. In 30 career games, he recorded a total of 25 goals and 32 assists for 57 points. Batley was also a Division I field lacrosse All-American at University of Maryland Baltimore County (UMBC) and a member of Team Canada's field lacrosse team from 1989-1994.

Batley's mark on the game has been made behind the bench, as a coach. In his MSL coaching career, Batley guided the Peterborough Lakers from 2003 to 2014 and won five Mann Cup Championships and appeared in 10 straight MSL finals. He also has 80 NLL games under his belt, as a coach, with Colorado (2003-05),

Chicago Shamrox (2006-08) and Toronto (2009).

With a mitt full of title rings to his name, Batley's passion to get back into the NLL was at its highest level. His desire to coach was at an all-time high after a six-season hiatus from behind an NLL bench. One might ask, what was the connection with a western team and an eastern-based head coach?

This lacrosse connection goes back over a decade when Stealth President and GM, Doug Locker, met Batley at the 2004 Heritage Cup Box Lacrosse Classic in Denver (Canada vs USA) -- Batley a coach for the USA, Locker a manager. The Stealth brass liked what Batley brought to the table and all the tools he brought with him. Locker always admired his accomplishments and what Batley achieved, wherever he went.

"Jamie's lacrosse record speaks for itself with a workmanlike attitude in getting things done," noted Locker. "He's been a champion wherever he has been."

As difficult as it is to coach professional sports, it's even tougher to take over a team midstream and turn things around in a short time. One way to best inject change was to instill change from within.

"We needed to change the culture of the team which meant finding someone completely different to make an instant impact," explained the Stealth President.

A winning background and NLL head coaching experience were high on the list of needs, but it was the intangibles this coach had in his forte that made him the perfect fit.

"An impressive trait of his (Batley) is the ability to manage a ton of complex personalities," said Locker. "On those successful Laker (Peterborough) teams, he (Batley) was able to manage them in a pretty effective way and win -- you can put a bunch of personalities and quality players together and not be successful."

The emphasis has been more about team structure and putting the cliché, 110% effort back on to the floor, every shift, to succeed while keeping everyone accountable. That was the tone leading into the 2017 Stealth camp.

Batley has brought a demanding, challenging coaching style, but one that is extremely positive. He challenges players to step up and be their best, while everyone is held accountable and on the same level.

The 2017 training camp was a big focus for the Stealth with highly intense sessions that were mentally and physically demanding. Tests were conducted not only to track athlete physical fitness, but also to get a read on their character.

"We wanted guys to reply with effort and sought the ones that wanted it just as bad -- it was about testing their will. Players embraced camp and the work ethic needed. We are fortunate and have class guys and leaders that truly care about the

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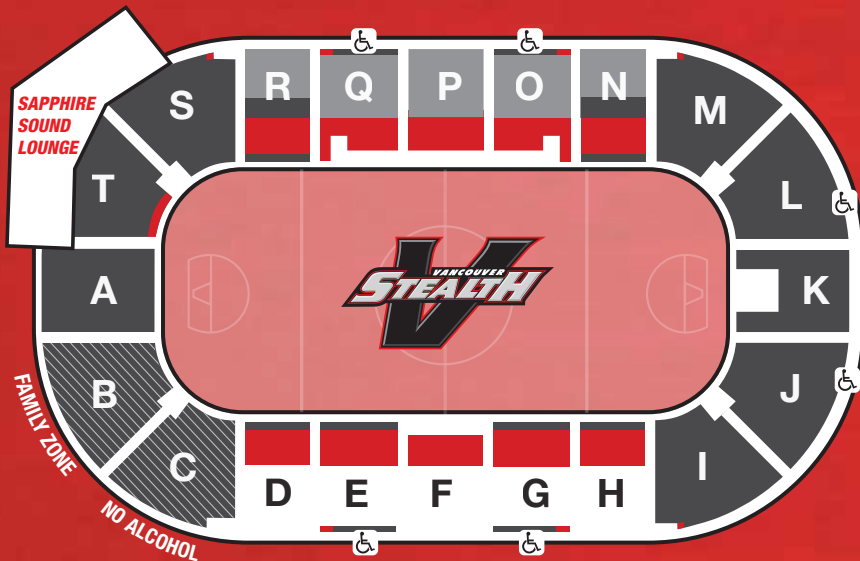
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British Columbia Lacrosse Association

www.bclacrosse.com

BCLA Presidents' Award Recipients

By: LacrosseTalk Staff

The BC Lacrosse Association recognizes more volunteers in the lacrosse community. Thirty-eight Presidents' Award recipients were announced at the 2016 AGM over the October 14-16 weekend.

The Presidents' Award promotes and celebrates the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse within their organization. Each nomination is the selected winner for their local community senior league or minor box lacrosse or youth field lacrosse associations.

The BCLA Presidents Award promotes and celebrates the spirit of volunteerism by annually giving BCLA organizations an opportunity to acknowledge and thank an individual who has demonstrated outstanding dedication and commitment to lacrosse within their organizations.

The 2016 BC Lacrosse Association Presidents Award winners are as follows:

- Bev Mosdell, BC Junior A Lacrosse League
- Gwen Frederick, Prince George Senior C Lacrosse League
- Kurt Bronson, Victoria Senior C Lacrosse League
- Paul Beugeling, Thompson-Okanagan Junior B League
- Todd Manns, Pacific Northwest Junior B League
- Robyn Thompson, Vancouver Island Intermediate B League
- Clare Ellison, Abbotsford Minor Lacrosse Association
- Brad Romano, Burnaby Minor Lacrosse Association

- Krista Gregory, Comox Valley Minor Lacrosse Association
- Sandy Pace, Coquitlam Minor Lacrosse Association
- Chad O'Brien, Cowichan Valley Minor Lacrosse Association

- Ross Frehlick, Delta Field Lacrosse Association
- Pam Stracker, Delta Minor Lacrosse Association
- Ramona McAdie, Ft. St. John Minor Lacrosse Association
- Susan Rahe, Langley Minor Lacrosse Association
- Paula Harris, Mid Island Youth Field Lacrosse Association
- Darcie Downey, Mission Minor Lacrosse Association
- Kim Sharpe, Nanaimo & District Lacrosse Association
- Andy "Gump" Reynolds, Nanaimo Field Lacrosse Association
- Karen Poole, New Westminster Minor Lacrosse Association
- Carol Soenen, New Westminster Minor Lacrosse Association
- Cory Fisher, North Island Field Lacrosse Association
- Farrah Lewis, Oceanside Minor Lacrosse Association
- Aleisha Connorton, Pacific Rim Field Lacrosse Association
- Angus Wagnal, Peninsula Minor Lacrosse Association
- Cybelle Stevens, Prince George Minor Lacrosse Association
- Paul Enkelmann, Pt. Coquitlam Minor Lacrosse Association
- Jamie McMurray, Pt. Moody Minor Lacrosse Association
- Stacey Okino, Richmond Lacrosse Association
- Trish Kingsbury, Ridge Meadows Minor Lacrosse Association
- Peter Spaans, Saanich Minor Lacrosse Association
- Mark Betts, Semiahmoo Minor Lacrosse Association



Photo: Jeff Gombart

38 BCLA Volunteers were recognized with a 2016 Presidents' Award.

- Karen Peters, Shuswap Minor Lacrosse Association
- Aaron Gilbert, Sunshine Coast Minor Lacrosse Association
- Susan dos Santos, Surrey Minor Lacrosse Association
- Kia Hamilton, Valley Field Lacrosse Association
- Evelyn Sutton, Victoria Youth Field Lacrosse Association

Individuals in attendance at the 2016 BCLA AGM were honoured in a short ceremony during the merit award banquet and received a nice watch from a representative of their league or association to commemorate their volunteer achievements. Thank you for all you do for lacrosse.

BCLA Applauds Volunteers at Lacrosse Country AGM

By: LacrosseTalk Staff

The British Columbia Lacrosse Association (BCLA) held the 2016 Annual General Meeting on October 14-16 in Whistler, BC. Every year, this event includes meetings for various directorates, a lacrosse trade fair, a hospitality social gathering and the Annual Merit Awards Banquet. Over 285 delegates were registered for the meetings and nearly 600 participants attended the classic BCLA Annual Merit Awards Banquet.

This year's "Lacrosse Country" theme had all dress western with plenty of blue jeans and plaid and tons of fun by all! This AGM was a fun, festive event and was another resounding success! How 'bout al them Dolly Parton's paraded on the stage, yee-haw!

"The staff worked months to prepare for the AGM and pulled off another great event," said BCLA President Sohen Gill. "It was great to see so much of the lacrosse community come together and celebrate our volunteers and their achievements. It was great meeting so many new volunteers -- and for them to experience such an excellence show."

The 2016-17 BCLA Executive was named. They are as follows: President - Sohen Gill, Secretary - Myrna Cable, VP Administration - Don Scott, VP Operations - Greg Toll, VP Performance Programs - Tyson Leies, VP Development - Terry Mosdell, VP Technical Programs - Dennis Quigley and Director at Large - Dave Jenkins.

On Saturday October 15th, the BCLA hosted the world famous buffet breakfast for the delegates, families and sponsors. Over 350 people attended the breakfast in preparation for meetings and the afternoon AGM.

In the evening, the BCLA Merit Awards Banquet took place on the main stage at the Whistler Conference Centre. The "Lacrosse Country" theme was apparent with many people dressed up western, as cowboys and cowgirls, with a few Dolly's interspersed - it was quite a knee-slappin', boot kickin' time! Guests were welcomed through the barn corral entrance by our buck-toothed, guitar slinging, cowboy Buddy. Many banquet participants dressed up in costumes to celebrate the achievements

of the volunteers - like the large groups of Nanaimo Raiders, Salmonbellies, Adanacs and the Surrey posse!

The evening was once again emceed by lacrosse Hall of Famer Dave Evans and with co-emcee KidSport's Pete Quevillon. The banquet crowd was entertained by the incredible Tracey Bell and her female-female impersonation as Dolly Parton and one special guest, Dolly-Llama. Once again, Paul Winterton created an incredible year-in-review DVD that wowed the crowd.

The BC Lacrosse Association annually presents the BCLA Merit Awards to the many lacrosse volunteers who commit their free time to the sport of lacrosse. Eighteen Merit Awards were handed out during the 2016 Merit Awards Banquet held Saturday October 15th at the Whistler Conference Centre.

The 2016 BCLA Merit Award recipients were as follows:

- Ted Fridge Family Spirit Award (presented annually to a family deemed to have contributed to the development and promotion of lacrosse locally and/or provincially): The Terris Family (Brande, Shane & Jordan- Nanaimo), Hugh Gifford Merit Award (Box & Field Lacrosse-accomplishments of instilling sportsmanship in their players, their leadership and contribution toward improving the image of lacrosse): Box Lacrosse - Gordon Kask (Ridge Meadows) with Team BC Pee Wee Box Lacrosse; and Field Lacrosse - Rita Stroup (Port Coquitlam) with Team BC Women's Field Lacrosse; Ruth Seward Merit Award (Box & Field Lacrosse-award to recognize an individual at the local level for their voluntary, extraordinary contributions to an association or team): Box Lacrosse - Colleen Houlihan (Comox Valley Minor Lacrosse Association); and Field Lacrosse - Chris Comeault (Ridge Meadows-Pacific Coast Field Lacrosse League); Dal Martin Merit Award (Trainer of the Year): Jenn Forlin (Langley Senior "B"); Jimmy Gunn Merit Award Senior Official: Jamie Graham (Abbotsford-Lower Mainland Senior Officials); Jimmy Gunn Merit Award Minor Official: Rory Marshall (Shuswap Minor Lacrosse); Jimmy Gunn Merit Award Field Official: Al Sleightholme (Surrey Field Lacrosse); John Cavallin Merit Award Senior Coach: Pat Coyle, Kyle Sorensen & Creighton Reid (Coquitlam Junior "A"); John Cavallin Merit Award Field Coach: Chris Gill (Ridge Meadows Lacrosse); Bill



Photo: Jeff Gombart

Nearly 600 members attended the BCLA Merit Award Banquet.

- McBain Merit Award Minor Coach: Josh Wahl (Port Coquitlam Minor Lacrosse Association/Team BC); Art Daoust Merit Award (Box & Field Lacrosse award toward fostering and promoting the game, improving the image and stature of lacrosse at their level and provincially): Box Lacrosse - Angie Schwan (Delta-BCLA Minor Directorate) and Field Lacrosse - Mary Clare (Delta-Canada West Men's Field Lacrosse League); Leon Hall Merit Award (Minor Box Lacrosse Association of the Year) - New Westminster Minor Lacrosse Association and (Minor Field Lacrosse Association of the Year) - Nanaimo Field Lacrosse Association; and the Irvine-Calder-Nevard Merit Award (award is a testimonial for outstanding public service made by firms, organizations or individuals through lacrosse sponsorship): BCLA's major Provincial Championship's sponsor SUBWAY Restaurants of BC. And the most prestigious BCLA Merit Award an individual can receive, the Tom Gordon Plaque, given to an individual who has done the most for lacrosse in the past year, was awarded to longtime volunteer, Beth McLucas (Surrey), BCLA Field Directorate, Lower Mainland Minor Lacrosse Commission Chair.

Congratulations to all merit award recipients, Presidents' Award winners and executive members for their continuous hard work in making lacrosse one of the greatest sports organizations in BC. In the SPIRIT of the game, we thank you!

Winship is a Community Sport Hero



Photo: Jeff Gombar

Lorne Winship

By: LacrosseTalk Staff

In February 2017, Sport BC will honour local Cowichan Valley sports volunteers with the latest round of Community Sports Hero Awards ceremony. Cowichan Valley volunteer, Lorne Winship, will be the lacrosse community's nomination for this prestigious award.

The Community Sport Hero® Award was created by Sport BC in 2001. The award honours outstanding sport volunteers in communities across British Columbia.

Celebrating its 15th year, the Community Sport Hero Awards, partnered with KidSport, recognize coaches, officials, mentors and administrators who have dedicated themselves

to grow and develop amateur sport at the community level. Sport BC travels to 4 communities per year across British Columbia and celebrate sport volunteers in local communities. Since its inception in 2001, 50 Provincial Sport Organizations have honoured 568 sport volunteers in 49 different communities.

A perfect advocate for the game of lacrosse, Lorne Winship of the Cowichan Valley Lacrosse Association (CVLA), works tirelessly to make a positive impact on the game and on the athletes he coaches. His effective and fair coaching style, his pride and passion for the game, and his integrity and respect to all those he encounters has made him one of the most heralded coaches in his community association.

Lorne played youth lacrosse in Metro Vancouver up to the age of fifteen when his family moved to Vancouver Island. He continued playing, but since Duncan didn't have minor lacrosse, he played for the Duncan Cowboys (Senior B) team for the next 5 years. You can say lacrosse is in his blood!

He started coaching in 2000 and has continued coaching until today. He grew with the newly formed Cowichan Valley Lacrosse Association (CVLA) and wore many hats to keep things afloat, sometimes coaching two teams as well as helping other coaches with other teams. He ran numerous "coach the coaches" seminars, to assist newcomers how to best run drills and develop skills.

Winship has sat on the CVLA executive since 2005, served as CVLA Vice President, 6 years as Association Head Coach, and for the past 4 years as Senior Representative/Governor. He achieved all this while also coaching his two sons continuously from age 4 to 21.

"I love giving back to youth and worked very hard growing the game that I love," added Winship. "I'll always cherish the time that I've spent

with the players and still maintain very close relationships with a lot of the players who are now adults."

Lorne worked his way through the coaching ranks with the same group of athletes all the way to the Intermediate and Junior levels. Currently, he can be seen perched behind the bench of the Cowichan Valley Junior B team of the Pacific Northwest Junior Lacrosse League, where he has coached since 2014.

His volunteer efforts have not gone unnoticed as he received the inaugural BC Lacrosse Association Bill McBain Minor Box Lacrosse Coach of the Year award in 2010. In 2014, he took on a dual role and Cowichan Junior B and Intermediate B coach and was recognized with the BCLA's John Cavallin Award for Senior Box Coach of the Year.

The ever-so humble Winship, when told of his nomination, he simply stated, "that's very flattering."

"My best lacrosse memory would have to be coaching the same group of boys from Novice to Intermediate," noted Lorne. "We had a very special group of talented players and great parents that will be forever etched in my memory. It was more than just lacrosse -- we saw these young individuals grow into fine young adults. We always stressed respect for the game, our opponents, and the officials, which I feel rounded these players into the fine upstanding individuals that they are today."

Lorne Winship is the consummate BCLA volunteer and is a perfect recipient for this award in the Cowichan Valley. Congratulations Lorne!

Continued from cover article: Vancouver Stealth On A New Flight Plan

By: LacrosseTalk Staff

Franchise," stated Locker

Diehard Stealth fans are ready for a breakout year and to cheer their local heroes on to victory. Following three lackluster seasons with only 14 wins to 40 losses since moving to the LEC, the Stealth are determined to get back on the winning side of the ledger.

"It's very important we have a good season this year for the pride in what we do," stated Locker. "It means a lot to the players to be successful -- the past few seasons have hurt on many different levels -- we're sick of losing."

The 2-0 start was a prime example of a team starting a season in tip-top condition recommitted to hard work, while believing in each other and trusting team systems.

Few player personnel changes were made from 2016, which could suggest many pieces of the puzzle were already in place. With the likes of regulars Duch, Schuss, McCready, Small and Durston weaving their trade, youngsters Justin Salt and Keegan Bal have added to the arsenal. New additions Peter McFetridge (Calgary), John Lintz (Saskatchewan) and goaltender Tye Belanger (New England) have added depth to shore up the back side.

The 2013 Champions Cup finale for Stealth fans may be a distant memory, but a place where all players are committed to get to soon. There is no magic potion for winning, but Batley's coaching pedigree can turn the tides and stay on the winning side of things again.

And maybe, just maybe, a chance in the near future for Jamie Batley to fill the vacancy on his last finger for his first NLL title -- one title that has eluded him thus far.



the Field Lacrosse Provincial tournaments. You'll still see her at a Field Provincial helping volunteers today.

McLucas is the consummate volunteer and tirelessly continues to give back to this great game.

"I was humbled and in awe, because it's a huge plaque for the whole of BC, and it's heavy. It's a great award to receive, a huge honour to get it."

Beth's efforts have not gone unnoticed as she was the recipient of the BCLA's Art Daoust Award (2011) for the executive of the year in Box Lacrosse...now she can add the Tom Gordon plaque as "Ms. Lacrosse" to her mantle.



Photo: Jeff Gombar

Surrey's Beth McLucas received BCLA's highest honour as Ms. Lacrosse for 2016.

McLucas Named Ms. Lacrosse

By: LacrosseTalk Staff

The BC Lacrosse Association's 2016 selection for BCLA's most prestigious award, the Tom Gordon plaque, was none other than longtime volunteer, Surrey's Beth McLucas.

The Tom Gordon Plaque is BCLA's highest honour for "Mr. or Ms. Lacrosse" for the outstanding achievement of an individual -- an honour one cannot claim as theirs without commending the efforts of others. The Tom Gordon Shield is one of BCLA's original merit awards dating back to 1969.

"It was a total shock to me," McLucas said in an interview.

Beth was one of the most involved volunteers at a leadership level in both box and field lacrosse in BC. She has been a commissioner for box and a Provincial Convener for all levels and genders of box lacrosse. She is currently serving in the role as Chair of a Minor Box Lacrosse Commission.

In field lacrosse, she has held almost every position available, from a field commissioner to a league chair, and always taking a role as a master scheduler. Currently serving as the Field Directorate Vice-Chair-Youth, for over 8 years she has she has been part of the Field Provincials and national committees, was the 2016 BC Summer Games Field Host Convener, and volunteered at the U19 World Lacrosse Championships and the International Youth Lacrosse Tournament this past July.

Beth has been a mainstay at the BCLA Youth Field Provincials serving as Convener, Co-Convener and a knowledgeable volunteer for over a decade. Her knowledge of events and her uncanny way to engage people has made her an integral part of the overall successes of

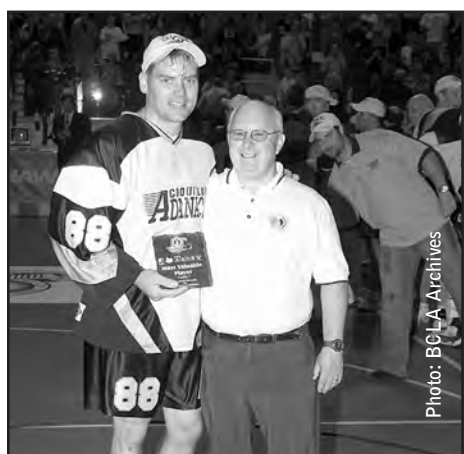


Photo: BCLA Archives

Dan Stroup becomes the 7th lacrosse player to be inducted into the Bunaby Sports Hall of Fame.

Burnaby Sports Hall Calls for Stroup

By: Burnaby SHoF & LacrosseTalk Staff

Nine individuals will be inducted into the Burnaby Sports Hall of Fame in February including three from the sport of soccer, two from softball and one each from taekwondo, hockey, lacrosse and track and field. The induction banquet will be held at the Firefighters Banquet Hall at Metrotown on Thursday, February 23, 2017.

Stroup scores a double in Hall of Fame inductions as he was inducted into the Canadian Lacrosse Hall of Fame in November 2016.

Dan Stroup (lacrosse), played 13 National Lacrosse League seasons winning three Champions Cup titles (1999, 2000 and 2002) with the Toronto Rock and a fourth with the Colorado Mammoth

(2006). He played for the WLA's Coquitlam Adanacs in three Mann Cup finals winning in 2001. Stroup sniped 320 goals and racked up 556 points in 224 WLA games. Stroup played all of his minor and junior lacrosse in Burnaby and also played seven seasons for the Burnaby Sr. Lakers.

Stroup also spends countless hours as an assistant coach with the NLL Colorado Mammoth as well as a Female Box Lacrosse and Women's Field Lacrosse club and high performance coach.

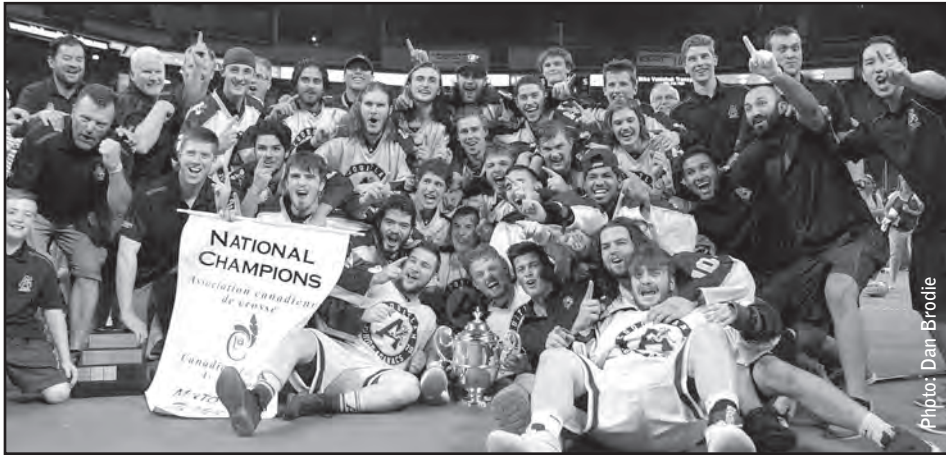
Other inductees entering the Burnaby Sports Hall of Fame with Stroup include Athletes: Bruce Gant (soccer), Patti Mc-



Guire (softball) and Joseph Scigliano (soccer); Builders: Song Chul Kim (taekwondo), Duff Slavin (softball) and George Wong (hockey); BUILDER/COACH: John Buchanan (soccer, golf); and Coach Derek Evely (track and field).

For further information, contact Grant Granger, chair Burnaby Sports Hall of Fame, 604-803-9571.

Adanacs Nominated For Two Sport BC Awards



Coquitlam Adanacs won their second Minto Cup title in club history after defeating Orangeville Northmen 3 games to 2.

By: LacrosseTalk Staff

Sport BC will be hosting the 51st Annual Athlete of the Year Awards banquet at the Vancouver Convention Centre on March 8, 2017. Athletes, coaches and officials will be honoured for their excellence in and contribution to sport.

The Coquitlam Adanacs Junior A Lacrosse Head Coach Pat Coyle and the 2016 Minto Cup Champion Coquitlam Adanacs team were both nominated in the Male Coach of the Year and Team of the Year categories respectively.

Sport BC Team of the Year Nomination: Coquitlam Adanacs Junior A Lacrosse Club

Defending BC Junior A Lacrosse League (BCJALL) champions, the Coquitlam Adanacs Junior A Lacrosse team, won the club's second Minto Cup National Championship in 2016.

2016 Minto Cup Champs & Coach Pat Coyle Nominated for Team & Coach Awards

After losing seventeen players from the previous year, the Adanacs dominated league play and won 21 straight games en route to a flawless regular season record.

Coquitlam entered the BCJALL regular season as the #2 nationally ranked team – they were ranked #1 the remainder of the 2016 campaign. Their

2016 regular season unbeaten streak spanned back to the start of the 2015 season winning 40 regular season games in a row. The A's did this all with only four players in the BCJALL top 20 scoring netting 278 goals for, while standout goaltender, Christian Del Bianco, the cornerstone of the Adanac defense only allowed 5.62 goals per game.

Coquitlam entered the playoffs as the top seed and swept the Poco Saints in the opening round 4-0 in the best-of-seven series. In the



Adanacs Head Coach, Pat Coyle, wins the Minto Cup in his second year behind the bench.

finals, the A's faced their toughest competition in the second place Delta Islanders. The Islanders pushed the A's to the brink and beat the Adanacs 11-10 in overtime in game 3 to win the BCJALL Provincial finals.

Last summer, the Adanacs appeared in their ninth Minto Cup Championship series. In 2016, they went on to win their second Minto Cup title at home beating the Orangeville Northmen 3 games to 2 in the finals ending a 5-year streak of eastern dominance. This win marked Coquitlam's second Minto Cup title in seven years.

Sport BC Male Coach of the Year Nomination: Pat Coyle (Coquitlam Adanacs Junior A Head Coach)

Pat Coyle has been a lacrosse lifer starting with lacrosse roots in Orangeville, ON, then began his Senior career in Brampton before moving west to play with the Coquitlam Senior Adanacs. He played for the Adanacs from 1994-2009 and was instrumental in

bringing home Coquitlam's one and only Mann Cup in 2001.

He joined the Coquitlam Junior Adanac coaching staff in 2015 after illustrious NLL and WLA careers as one of the best defensemen in the game. After years of coaching his children in box and field lacrosse, Coyle took the reigns as Junior Adanac Head Coach in 2015.

Coyle helped define the role of defender in the current offence-defense systems of today's game. He was known as an extremely tough guy to play against and his quiet, demanding nature has continued through to his coaching and mentoring of young athletes.

Pat is a player's coach who relates to his athletes and is a teacher – one who conducts himself with honesty and integrity but expects plenty from the athletes. His coaching style is focused on helping his athletes be the best they can through hard work and learning from their mistakes.

Coyle's Adanacs were tops in the BCJALL with a flawless 21-0, 2016 regular season record – a feat they duplicated just 5 years earlier. As 2016 Minto Cup Champions, the Adanacs amassed a combined 2016 record of 31 wins and only 5 losses. The Adanacs were the first team from western Canada to win the national title since the Adanacs did it in 2010. The 2016 Minto Cup title was Coyle's first as Head Coach.

"It was an incredible finish to a great season," stated President James Abbott. A lot of passionate people gave up their summer to achieve this goal of ours. I tip my hat to the players, staff and all the volunteers who helped along the way."

At press time, the Adanacs were named finalists in the team category and will learn March 8th whether they receive this accolade.

Buckeye Stars Picked Up in MLL Draft

By: LacrosseTalk Staff

Jesse King and Logan Schuss, two former Ohio State Buckeye lacrosse standouts were picked up in the 2017 MLL Supplemental Draft on December 14, 2016.

In four years with the Buckeyes, King was ranked fourth all-time with 208 points and 119 goals and first in game-winning goals (seven). He was also a three-time USILA All-American and Tewaaraton Trophy finalist.

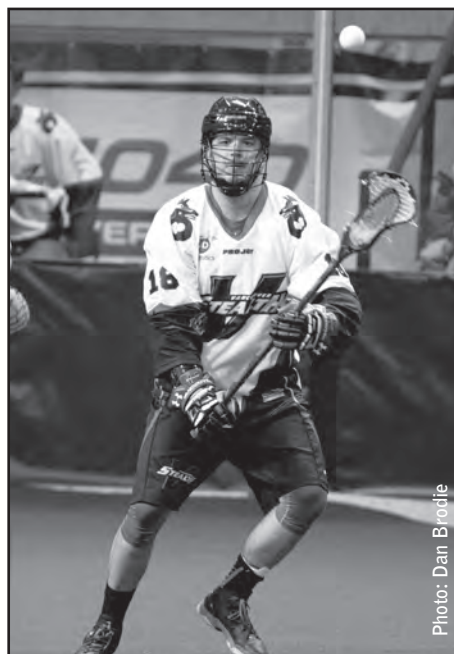
King was a draft 2015 MLL first round selection (6th overall), by the Rochester Rattlers. He was acquired by the Atlanta Blaze in the 2017 MLL Supplemental Draft in Round Nine and the 74th pick. King was the third overall pick in the 2015 NLL draft for the Georgia Swarm. In his rookie campaign, he netted 77 points (22G, 55A), gathered 83 loose balls and caused nine turnovers in 17 games. He also collected a gold medal with Team Canada at the 2014 FIL World Championships. King is a current star with the Victoria Shamrocks of the WLA.

Logan Schuss started and played in every game during his four years at OSU. He netted 237 career points, 146 goals and 320 shots on goal.

Schuss was drafted 11th overall by the MLL's Ohio Machine in the 2013 MLL Collegiate Draft. He finished his rookie regular season with 28 goals and 7 assists for 35 points and a .318 shooting percentage. In year two (2014), he potted 30 more goals and added 12 helpers for 42 points.

Schuss was the first overall selection in the 2013 NLL draft and the NLL's Rookie of the Year in 2014 with the Minnesota Swarm. He was acquired by the Vancouver Stealth in March 2015. With the Stealth, Schuss has 37 goals and 83 helpers for 120 points in 22 games. Schuss is a current star with the New Westminster Salmonbellies of the WLA.

Schuss was reacquired by the Ohio Machine in the 2017 MLL Supplemental Draft in Round Twelve and the 107th pick.



Logan Schuss

such as the Ottawa Senators, Saskatchewan Roughriders, Abbotsford Heat, and Langley Events Centre.

One of the industry's most respected marketing executives, Paul currently leads a digital fan experience team for TELUS.

"I am thrilled for the opportunity to join the WLA and work with General Managers and the

Board of Governors to take the League to the next level," said Mr. Dal Monte. "I'm especially looking forward to leveraging my relationships in the Canadian lacrosse community, and the long history and competitive nature of the WLA to expand the profile of the WLA in the Canadian sports scene."

WLA Hires New Commissioner

Sports Management
Leader Paul Dal Monte
Joins League Office



By: WLA

Burnaby, BC – The Board of Governors announced that they have unanimously agreed to terms with Paul Dal Monte to join the WLA as the league's new Commissioner.

Mr. Dal Monte has an extensive lacrosse background: six-time Minto Cup Champion with

Burnaby (three as a player, three as coach), three-time Mann Cup Champion (as a player) with

New Westminster, Head Coach & Director of Lacrosse Operations for the Vancouver Ravens of the NLL, and Assistant Coach with Team Canada in 2002 - 2003. Mr. Dal Monte is also

honoured to have been inducted into the Burnaby Sports Hall of Fame.

Mr. Dal Monte has an extensive sports business background, including 15 years in

Brand/Marketing with the Vancouver Canucks. He has also consulted with organizations

Zebras Earned Their Stripes

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Contact the BCLA at 604-421-9755
or Email info@bclacrosse.com

Ridge's McCormick #1 in BCJALL Midget Draft

By: Owen Munro, BCJALL Media

The BC Junior A Lacrosse League held its annual Midget draft of graduating Midget players on Saturday, January 7th at the Bowen Park Complex in Nanaimo. 48 players were selected in the six-round draft.

Last year's Minto Cup Champion, Coquitlam Adanacs, and the BC Champion, Delta Islanders, didn't select a single player in the six-round draft. Coquitlam had moved several of their picks last season as they made their run for the national championship, while Delta traded three selections at the draft.

That left the other six teams more room to fill holes within their organizations and hopefully land impact players who will help them in the upcoming years.

Despite finishing in third-place in the 2016 regular season, the New Westminster Salmonbellies held the first overall pick, after a trade with the Nanaimo Timbermen. They didn't waste any time in picking Dylan McCormick from the Ridge Meadows Burrards. McCormick will bring a ton of talent to the wooden floor at Queen's Park. Despite being a little undersized, he is a lethal shooter and knows how to put the ball in the net.

The Burnaby Lakers held picks two and three to select Ryan Johannson (Port Moody) and goaltender Tyler Pongracz, who hails from Abbotsford but played minors with New Westminster last season. Burnaby sees big things from the goaltender, who has a monster frame and is more polished than typical goalkeepers entering Senior lacrosse.

Both Langley and Port Coquitlam also held a pair of picks in the first round. The Thunder was able to get Aidan Murphy (Ridge Meadows) and Tyler Ewen (Surrey). Murphy already has the size to play Junior A, but he'll likely be a crucial player to Langley's Intermediate A team as they have graduated a number of players to the Junior program.

Langley had a boatload of picks as they looked to replenish some of their graduating Intermediates. The Thunder finished

the draft with six in the top 24 selections and 11 picks overall. They also took a chance on the first-ever Sunshine Coast draftee, Thane Huson, at number 26.

Port Coquitlam Saints took Austen Cooke (Ridge Meadows) and Garret Winter (Mission), two players who can bolster their goal-scoring production. Cooke is a very good faceoff man and could be a huge part of the Saints' transition game once he fills out his frame. Winter has plenty of stick skills and sees the game very well for a young player.

The Island hosts, Nanaimo, took goaltender Colin Jeffrey (Cowichan Valley) with the number 10 pick. It's hard to deny Jeffrey has the size (approx. 6'3") to play in goal, and could be a fixture in net for the T-men like Peter Dubenski was for many years. Nanaimo really focused on getting players from the same associations, as they opted for multiple players from Cowichan Valley, Saanich and Peninsula to get more commitment to their club.



Photo: Jim McCormick

Burrards' Dylan McCormick was the first selection in the BCJALL 2017 Midget Entry Draft.

Victoria also didn't pick until the third round, where they took Jared Wendt from Juan de Fuca with the 19th pick.

2017 Entry Draft Results by Round

RD 1	Team	Player Selected
1	New West	Dylan McCormick - Ridge Meadows Burrards
2	Burnaby	Ryan Johannson - Port Moody Thunder
3	Burnaby	Tyler Pongracz - New Westminster Salmonbellies
4	Langley	Aidan Murphy - Ridge Meadows Burrards
5	Poco	Austen Cooke - Ridge Meadows Burrards
6	New West	Gavin Bruce - Ridge Meadows Burrards
7	Poco	Ryan McBeth - Port Moody Thunder
8	Langley	Tyler Ewen - Surrey Rebels
RD 2	Team	Player Selected
9	Poco	Garrett Winter - Mission Sasquatch
10	Nanaimo	Colin Jeffrey - Cowichan Valley Thunder
11	Langley	Dryden Recsky - Mission Sasquatch
12	Nanaimo	Geoff Ward - Saanich Tigers
13	Nanaimo	Mason McAdams - Saanich Tigers
14	New West	Ethan Symons - Mission Sasquatch
15	Burnaby	Justin Cloete - Ridge Meadows Burrards
16	Nanaimo	Will Cookman - Nanaimo Timbermen
RD 3	Team	Player Selected
17	Nanaimo	Ari Stevens - Saanich Tigers
18	Langley	Andrew Joseph - North Shore Indians
19	Victoria	Jared Wendt - Juan de Fuca Whalers
20	Langley	Imat Grewal - Mission Sasquatch
21	Poco	Diesel Deguzman - Richmond Roadrunners
22	Poco	Matthew David - Ridge Meadows Burrards
23	Burnaby	Zachary McMinn - North Shore Indians
24	Langley	Ronaldo Tomas - Surrey Rebels
RD 4	Team	Player Selected
25	Nanaimo	Drew MacFadyen - Peninsula Warriors
26	Langley	Thane Huson - Sunshine Coast
27	Victoria	Justin Reedeker - Peninsula Warriors
28	Langley	Trevor Ebbutt - Ridge Meadows Burrards
29	Poco	Justin Woollard - Port Moody Thunder
30	Nanaimo	Nathan Clark - Cowichan Valley Thunder
31	Burnaby	Maxwell Kennedy - Port Moody Thunder
32	Burnaby	Aaron Kaminski - Port Moody Thunder
RD 5	Team	Player Selected
33	Nanaimo	Gavin Spencer - Cowichan Valley Thunder
34	Burnaby	Ben Venables - Chilliwack Mustangs
35	Nanaimo	Sam Zeisberger - Peninsula Warriors
36	Langley	Brodie Jacobs - North Shore Indians
37	Nanaimo	Graeme Getty - Saanich Tigers
38	New West	Colton Caron - New Westminster Salmonbellies
39	Nanaimo	Hank Wulder - Saanich Tigers
40	New West	Mason Morais - Ridge Meadows Burrards
RD 6	Team	Player Selected
41	Victoria	Garrett Murray - Peninsula Warriors
42	Burnaby	Dryden Valade - Surrey Rebels
43	Victoria	Owen Works - Saanich Tigers
44	Langley	Hunter Van Hest - Richmond Roadrunners
45	Burnaby	Brandon Balewicz - Vancouver Burrards
46	New West	Conor Dimmick - Richmond Roadrunners
47	Langley	Logan Bebb - Surrey Rebels
48	Nanaimo	Aidan Cateaux - Nanaimo Timbermen

High School Championships February 2017

By: LacrosseTalk Staff

The 16th annual BC High School Field Lacrosse Championships will be held February 27-March 3, 2017 in Coquitlam and New Westminster. The event will again be co-hosted by Dr. Charles Best Secondary School and New Westminster Secondary School and games will be held in Coquitlam at Dr. Charles Best School and Town Centre, as well as, Mercer Stadium in New Westminster.

This year will see a team from Penticton High making their debut. It is great to see the sport gaining a foothold outside Metro Vancouver and Vancouver Island. As well as Penticton, Royal Bay (Victoria) and Sardis (Chilliwack) schools are looking at entering teams for the first time.

Perennial participants like Best, NWSS, Claremont, Centennial, Terry Fox, Riverside, Heritage Woods, Vancouver College, Holy Cross, St. Thomas More, South Delta, Langley, Maple Ridge, Mission, Pitt Meadows are once again competing as is the growing program from Nanaimo. Between Claremont, Nanaimo and Royal Bay, there could be as many as seven teams from the Island this year, the biggest number in the history of the tournament.

Tournament organizers are also working on having a Women's Field Lacrosse Division as part of this year's tournament, also for the first time!

Once again, there will be Tier 1 and Tier 2 play in both the Junior and Senior Divisions in Men's play.



Photo: Jeff Gombiar

Mission and Claremont will renew acquaintances at 2017 High School Tournament.

Centennial will be looking to hold on to their first ever Senior title, winning against Terry Fox in the Tier 1 Division. Heritage Woods will be looking to defend their Senior tier 2 win in the final against St. Thomas More.

In the Junior Division, Claremont will be looking to repeat having dispatched New West in the Tier 1 final and Vancouver College will be looking to hold onto their first ever Tier 2 Junior Championship, beating Nanaimo in the Final last year.

Countless players in the tournament have gone on to play NCAA Div.1, 2 and 3 in the past several years with many more committed to attend college in the future.

For any additional tournament information needed, please contact Tournament Co-ordinator, Shawn House at shouse@sd43.bc.ca

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Bellies Governor Harry Ferguson Passes Away

By: Dan Olson, New West Record

The B.C. Junior A Lacrosse League, as well as people around the B.C. lacrosse scene, are reeling after the sudden death last week of New Westminster Junior Salmonbellies governor Harry Ferguson.

The always-amiable volunteer, who had taken on a variety of roles at the top of the New Westminster program over the past 20 years, died on the weekend after a sudden illness.

"He was well respected in all lacrosse circles, a true gentleman who bled the red," noted New West's Walt Weaver, who shared governing duties with Ferguson. "He was a real ambassador of the game, and he loved the Salmonbellies."

Born in New Westminster, Ferguson gained a reputation for being a straight shooter, but who could leave the battles in the rink and boardroom.

He played two seasons with the junior Bellies, in 1963 and 1965, and another two at the senior level, including a handful of games in 1968 with Coquitlam, and 25 games a year later with New West in the former InterCity

League, where he counted 27 goals and 35 assists in the team's unsuccessful run to the Mann Cup final.

While his senior A playing career ended prematurely, Ferguson continued his involvement with the sport by coaching and refereeing. He also served as commissioner of the Western Lacrosse Association.

He was brought onboard as general manager in the mid-90s under Murray Lehman, then succeeded Lehman as governor a handful of years later.

B.C. Junior A Lacrosse League president Karl Christiansen says some of his earliest, and fondest, memories in the sport involve Ferguson.

"I've known him pretty much my whole life – he was one of my first coaches in mini-tyke and was my first referee instructor," recalled Christiansen. "He was never an absentee kind of guy, he was always at the rink, somewhere in the stands, ready to give his opinion."

The Junior Salmonbellies will be paying tribute to Harry during the upcoming 2017 Season.

In Memoriam

Don Sepka, Mac Tyler and Harry Ferguson. New Westminster sports fans lost three notable Salmonbellies.

Don Sepka and Mac Tyler both passed away recently. Sepka died October 14, 2016, from injuries suffered in a fall. Born in Hafford, Sask., on August 5, 1933, he moved at an early age with his family to the lower Mainland.

In 1953, Don and younger brother Cliff were backbones of the 1953 Junior Salmonacs that travelled to Ontario to play for the Minto Cup. With the exception of one player, the entire squad was hospitalized with food poisoning.

The tournament was delayed for a week but, despite the team had not fully recovered, the Salmonacs captured the Canadian title.

The following year, Don Sepka began a 10-year Senior career that saw him accumulate 288 points on 187 goals and 101 assists in 220 games.

Malcolm Giles Tyler, known to everyone simply as Mac, was born in the Royal City on September 11, 1943, in the Hume Park area.

Mac played three seasons with the Junior Salmonbellies before lining up with the Senior club in 1964. Over the next ten years, he collected 569 points on 307 goals and 162 assists. Along the way, Mac also participated in four Mann Cup championships, winning the title in 1965, 1970 and 1972.

In 2006, Mac was inducted into the Canadian Lacrosse Hall of Fame. He passed away following a lengthy illness on November 23, 2016.

Harry Ferguson, also born and raised in the Royal City, passed away December 18, 2016, just 16 days before his seventy-third birthday.

Harry played with the Salmonbellies' Junior squad in 1963 and 1965 and later saw action in 31 WLA games while playing at the Senior B level.

After setting aside his lacrosse stick, Harry continued to contribute to the game as a referee, handling 200 WLA games and numerous Junior and Minor league contests. He also served as commissioner of the Western Senior Lacrosse League in 1997.

Robert George Orr - April 25, 1938 - January 3, 2017. Robert (Bob) was born in Edmonton, AB. Bob was an avid sports fan. He left Edmonton in 1962 but never stopped cheering on the Eskimos. Bob worked at SFU until his retirement. Bob spent the last 54 years doing what he loved which was volunteering with various hockey and lacrosse associations in the Vancouver area. He loved working with the teams and was a long time vice-president of the Pacific Junior Hockey Association.

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SPIRIT of Lacrosse Program Continues



Photo: Bryan Baxter

The SPIRIT of Lacrosse Program reaches out to Aboriginal communities to introduce lacrosse to youngsters in the province of BC.

By: LacrosseTalk Staff

The SPIRIT of Lacrosse program continues for another season to introduce the sport of lacrosse to youngsters across the province.

Over a 10 week session (one night a week), local lacrosse advocates introduce the sport of lacrosse to their community. Participants run through the four basic skills scooping, cradling,

passing and catching, and incorporate them into fun, modified learning games.

The SPIRIT Lacrosse Program model was formed to introduce Aboriginal youth to the basic skills of lacrosse including the concepts of fundamental movement which is important in the development of physical literacy. The SPIRIT program follows the CLA Lacrosse Fits program, which was developed by Kyo

Harris and Dave Little from Winnipeg. Lacrosse Fits follows a natural progression for learning the lacrosse skills along with basic fundamental movement. This is the system taught to young participants across Canada.

The SPIRIT Lacrosse Program is a safe, non-contact, entry level lacrosse program designed for youth ages 5-8 of Aboriginal descent. The program enters the third year of operation in Chilliwack, Cowichan and Merritt and the second year in Prince George, Victoria, Kamloops and Vancouver. Most centers experienced well attended sessions during the 6-10 week program. Great stride have been made to build the program includes the capacity that is being built in these areas.

Each area of the province that the BCLA visits requires a champion to step forward and deliver the program after the initial visit by BCLA facilitators. These facilitators include Bryan Baxter, Naomi Walser, Bill Barwise, Dennis Quigley, Nick Kojima, Bernard Manuel and Russ Sheppard.

School visits are planned in targeted areas of the province each year where the students (usually K- Grade 3) are introduced to the sport of lacrosse. Information is then forwarded to the Aboriginal, Metis and Inuit students to partake in the program, that will last from 6-10 weeks with one hour sessions once a week.

“We have been able to attract champions in each area of the province where we have introduced the Spirit Lacrosse program and it

has really helped to move the process forward,” noted BCLA Aboriginal Program developer Bryan Baxter.

Nine Spirit Lacrosse programs successfully ran last year -- the commitment for this fiscal year is to add four more programs in Port Alberni, Williams Lake, Fort St. John and Nis’gaa.

“Adding capacity to the program is absolutely key to the success,” commented Baxter. “To that end, it is important to conduct coaching clinics in the areas where we introduce the sport. Last year, we trained 18 Aboriginal coaches in the province, as well as, twelve youth advocates trained at CMD.”

Athletes who attend all of the Spirit Lacrosse sessions in their area receive a T-Shirt along with a stick and ball to commemorate their training. The end game for all of these Spirit Lacrosse programs is to one day be able to bring Aboriginal youth from around the province to play in an all-Native Lacrosse Jamboree or Tournament.

“The growth and continuation of the program to date tells me that the vision may not be too far away.”



Team BC Box Coaches & Regional Camps Announced

By: LacrosseTalk Staff

The 2017 Team BC Box Lacrosse program is taking shape with the selection of the five head coaches that will form the 2017 editions of their teams.

The 2017 Team BC Box Lacrosse Head Coaches are: Midget Boys-Lance Andre (Maple Ridge); Bantam Boys-Daren Fridge (Coquitlam); Pee Wee Boys-Gerry Van Beek (Surrey); Female Midget-Dan Stroup (Port Coquitlam); and Female Bantam-Paul Kuhn (Burnaby).

“The head coaches we have assembled have all been successful in the lacrosse arena and are no strangers to national tournaments,” noted Team BC Box Lacrosse Co-ordinator Darcy Rhodes. “All have gained valuable experiences with their home associations and as past Team BC coaches. We are positioned well to have all of our Team BC teams vie for national titles this summer.”

The 2017 Female Box Lacrosse (Midget & Bantam) Nationals will be held July 17-22, 2017 in Halifax, Nova Scotia; the Bantam Nationals will take place August 1-5, 2017 in Saskatoon, Saskatchewan; and the Midget &



Pee Wee Nationals will take place August 6-13, 2017 in Whitby, Ontario.

Team BC Regional Camps will take place for the Midget (Born 2001, 2002), Bantam (Born 2003, 2004) and Pee Wee (Born

2005-2006) Boys teams. Regional Camp dates are Saturday April 22 and Sunday April 23. The Island Camp will be hosted at Fuller Lake Arena (Chemainus); the Interior Camp at Hassen Arena (Armstrong); the Fraser Valley Camp at Pitt Meadows Arena (Pitt Meadows-TBC); and the Vancouver Camp at Killarney Arena (Vancouver). For additional details and registration information, please visit the BCLA website at www.bclacrosse.com and click on the Team BC page for Box Lacrosse.

In 2016, Team BC Box Lacrosse teams brought home two silver medals (Female Midget and Female Bantam), two bronze medal (Midget Boys and Pee Wee Boys) and a fourth place finish by the Bantam Boys.

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Team BC Rides Out 2017 Sandstorm

By: LacrosseTalk Staff

All three Team BC Women's Field Lacrosse teams competed at the 2017 Sandstorm Lacrosse Festival in Indio, California on January 14-15. Some 360 boy's and girl's teams competed over the 2 day event.

For the Freshman team, this was their first tournament event as a group and finished a strong 1-3-1 in five games – all games were very close but one. Team BC scored 39 goals while yielding 35 goals.

On Day 1, the Team BC Freshman dropped two close games – 7-6 to Seattle Starz and 9-6 to Victory Select while they handily beat 3D Colorado 12-2 for their only win. With one day under their belts, the team battled to an 8-8 tie versus Aces 20, the eventual tournament finalists, then lost a close 9-7 decision to Tenacity Bay Area.

Head Coach Fred Jenner was happy with the Freshman team performance at their first Sandstorm tournament.

"We were in every game -- our girls played amazing," praised Jenner.

"The girls played above our expectations -- they competed in every game and made every game close. So to say these girls improved over the course of the 5 games would be a huge understatement. Jason (Carr) and I were



"The girls played amazing, above our expectations – they competed in every game and made every game close." Freshman Head Coach Fred Jenner

beyond proud of their efforts."

The Sophomore team won 4 and lost 1 game in the Sinatra Division (2019). They came with their sticks loaded and went on a scoring spree as they netted 74 goals while only 28 against. Team BC Sophomores rattled off four straight victories over the Aces 19 team 16-3; 19-4 over 3D Colorado; 13-9 over Tenacity Portland and 17-2 over Force U15's. Their only loss came in the final match in a 10-9 loss to Tenacity Bay Area.

"Our athletes came ready to play and performed incredibly well," said Coach Dan Stroup.

"The high level of offense was evident (scoring almost 15 goals per game), but our team defense was also in top form."

The Team BC Senior team went a flawless 5-0 in the round robin with victories over Ayla Elite (15-5); Hong Kong Women (1-0); New Image Black Diamond (13-4); Orange Crush (8-5) and Lacrosse Monkey (13-4). The Seniors were on a mission and advanced to the sweet 16.

In top 16 action, the Seniors played a hard fought battle versus team Horse Power and came out on top 4-3 and a berth into the quarterfinals. In game 7, they met a tough Team 180 team and dropped a close 3-1 decision.

"The Seniors came ready and proved they can compete with the best on the West Coast," said Coach Geordie Dean. "We may have lost a step from not training (with the snowy

weather) as much, but our skill and game sense made up for any shortcomings. I'm so proud our efforts and how well we did at the Sandstorm tournament."



Team BC Freshman team pose at Sandstorm Tournament in California.

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Team BC U13 Tops Adrenaline

By: LacrosseTalk Staff

2016 marked the fourth year of the Team BC U13 boys Field Lacrosse Program. The U13's competed at the Adrenaline Lacrosse Tournament in Del Mar, California January 7-8, 2017.

Nearly 100 teams of various age groups from around the western regions competed at the 2-day event. 16 fields and thousands of lacrosse enthusiasts lined the fields for two days of action. Coaches Steven McKinlay Justin DaSilva and Bill Reed trained the young athletes for weeks prior in preparations for the Adrenaline tournament.

Coach McKinlay was pleasantly surprised with the team preparation and the high level of lacrosse IQ of the athletes.

"The players all had a strong skill set," noted Head Coach Steven McKinlay. "We focused and spent a lot of time learning the same vocabulary on the field. We assigned homework and had the players draw and describe what we were teaching on the field. We were impressed to see how much they internalized and understood."

The Team BC U13's were tops in their category and won the Fray 2022/2023 Division with a 6 win and 1 loss record. In the opener, the boys quickly got down to business and beat the Mustangs (Alberta) 12-2. Next, Team BC continued to roll and stayed hot under the California sun and handed 3D San Diego a 9-2 loss.

In the final match of the day, Team BC cooled the Minnesota Chill and beat them handily a lopsided 13-1 game.

Midway through the tournament, Team BC may have been caught relaxing and dropped a tough 9-5 decision to the So Cal Express (Irvine, CA) team. This was an eye-opener for the youngsters and made the team re-focus their efforts and stick to their game plan. The U13's rebounded with a 15-2 trouncing at the expense of the LA Heat (Los Angeles, CA).

In the semi-finals, Team BC met 3D San Diego again with a berth in the finals on the line. The boys in blue gave 3D all they could handle in a tight, methodical battle. Other than the loss to So Cal, this was the closest match yet and Team BC ended up the victors with a 5-2 win.

In the finals, Team BC met a talented Santa Monica Dragons team. Santa Monica took an early 2-0 lead to set the tone early. Team BC put their work boots on and methodically went to work to rally off five unanswered goals in the first frame to take a 5-2 lead at halftime. The U13's tightened up defensively with some great team defense and a few big saves that resulted in quick transitions leading to goals. Team BC allowed only two more goals, but controlled the remainder of the play to thwart any Santa Monica chance of a comeback. Team BC took the Fray Division title with an 8-4 victory.



U13's Repeat as Champions



Photo: Gord Kask

Team BC U13's win the Fray Division with 6 wins and 1 loss to repeat as champions at the 2017 Adrenaline Tournament in San Diego.

"Our goaltending was the best in the tournament," praised McKinlay. "We were so impressed with them that we switched them at half each game. As a team, we physically dominated in the physical aspects of the game. Our athletes took pride in getting involved in the greasy parts of the game and got into the loose ball battles and never turned away from contact situations."

Team BC Field Lacrosse Technical Coordinator, Reynold Comeault, was impressed with the U13 achievements and the coaching they received.

"From the outset of the selection process last October, I was very confident that the caliber of our coaching staff would provide all of the support, guidance and direction that our Team BC U13 athletes required to succeed," explained Team BC's Reynold Comeault. "Team BC

is very fortunate to have Ohio State Alumni, Steve McKinlay, lead our group to victory with the very capable assistance from Team BC Alumni Justin DaSilva and first time Team BC coach, Bill Reed."

"A special thanks to Team Manager, Gord Kask, and our assistant coaches Justin and Bill for getting this team prepared off and on the field," noted Comeault.

Coach McKinlay's message to his athletes can be summed up with continued hard work.

"I'd remind them that the best of the best don't get their by accident. It's the time that you put in by yourself that will set you apart from others."

Team BC U15's at Maryland Autumn Showcase

By: LacrosseTalk Staff

The Team BC U15 Field Lacrosse team flew coast to coast to compete in the Gold Standard Lacrosse Autumn Gold Showcase annual recruiting tournament in Towson, Maryland November 4-6, 2016. Once touched down, it was all business.

The Autumn Gold Showcase format consists of teams competing in three showcase games per day. The AGS has evolved into a premier recruiting event each Fall. Elite club and high school teams from the US and Canada descended upon Towson University excited to compete in front of college coaches on Towson's excellent lacrosse facilities.

Day 1-GAME 1 - Team BC (4) vs. True Michigan (Michigan) (5)

It was clear and cold for the early morning game with the field covered in frost. True Michigan, a big and fast team, was opponent number one for Team BC. The teams were evenly matched trading goals with no team leading by more than a goal - halftime score was knotted at 3. In the second half, True Michigan picked up the pace and forced Team BC into making some unforced errors. True Michigan capitalized on BC's mistakes and pulled ahead to win 5-4. Both Team BC goalies had their hands full in each half with a barrage of shots. Team BC scorers were: Mitchell Sandberg (1G), Arthur Miller (1G), Erik Forselius (1G) and Ryan Sheridan (1G), Noah Armitage (1A) and Ryan Sheridan (1A).

GAME 2 - Team BC (7) vs. Denver Elite (Colorado) (6)

The sun was up and the fields were frost free before the start of game 2 versus Denver Elite. The U15's continued with great ball movement and team play while the defense controlled their own end. The BC boys has a strong showing for the in the first half with a

4-2 advantage over Denver. Denver did not go away quietly as they kept plugging away at the lead and kept it close. When the final whistle blew, Team BC held on for a 7-6 victory. It was another stellar game for both of the Team BC keepers, Kevin Sobey and William Powley. Team BC scorers were: Ryan Sheridan (3G, 1A), Seve Cardero (1G, 1A), Isaac Swan (1G, 1A), Mitchell Sandberg (1G) and Erik Forselius (1G).

GAME 3 - Team BC (3) vs. Black Wolves (Washington, DC) (10)

The third game of the day proved to be the toughest with travel and weather conditions weighing heavy on the Team BC boys. The Washington team was a powerhouse that relentlessly came at Team BC in waves and never let up. The Black Wolves controlled the face-off X and held possession throughout the game. Team BC was just not up to task on this game and when the final whistle blew, the U15's dropped a 10-3 decision to the bigger, stronger Washington team. The U15 defense had their hands full from the opening whistle and seldom possessed the ball. Team BC scorers were: Reid Matthews (1G), Seve Cardero (1G), Patrick Dodds (1G) and Mitchell Sandberg (1A).

Day 2-GAME 4 - Team BC (5) vs. Juiced Cherries (Detroit, MI) (8)

The Juiced Cherries provided the opposition in game 4. The Cherries came out fast and hard and before Team BC knew it, the first half had ended 5-1 in favour of the Juiced Cherries. Team BC battled back and won the second second half, but were unable to catch up to the lead the Juiced Cherries had built. The Juiced Cherries were strong on draws and possessed the ball 75% of the game. Final score Juiced Cherries 8-5 over Team BC. BC goaltenders kept the score close and gave the boys a chance to win.



Photo: Craig Pullan

Team BC U15 team seen here at Towson University where they competed at Maryland's Autumn Gold Lacrosse Tournament.

Team BC scorers were: Mitchell Sandberg (1G, 1A), Reid Matthews (1G), Seve Cardero (1G), Ryan Sheridan (1G), Erik Forselius (1G) and Travis Pullan (1A).

GAME 5 - Team BC (4) vs. Edge (Ontario) (7)

An all Canadian match up ensued at the marquee Johnny Unitas Stadium and pitted Team BC versus Ontario's Team Edge. This was a great game from the opening whistle as both teams battled hard -- Team BC led 4-1 at half. Not to be outdone by their western counterpart, Team Edge slowly battled back and picked away at the Team BC lead. Team Edge eventually overtook the lead and held Team BC scoreless in the second half with the final 7-4 in Edge's favour. This game proved to be a great physical battle, with stellar performances by all goalies, on two really good Canadian teams. Team BC scorers were: Mitchell Sandberg (1G), Arthur Miller (1G, 1A), Seve Cardero (1G) and Drew Andre (1G), Ryan Sheridan (1A) and Patrick Dodds (1A).

GAME 6 - Team BC (4) vs. PB Revolution (Palm Beach, Florida) (6)

In the final match of the tournament, it was evident the BC boys felt the strain of playing

five games in two days. The U15's were tired and came out flat in the first half, as they fell behind 3-1 at half. With a strong second half push, Team BC fought back, but just fell short and dropped a 6-4 decision to Palm Beach. Team BC was the better team but was unable to translate their effort onto the scoreboard. Team BC scorers were: Reid Matthews (1G), Seve Cardero (1G), Ryan Sheridan (1G), Patrick Dodds (1G) Mitchell Sandberg (1A) and Erik Forselius (1G).

Overall, it was a great experience for the U15 athletes with the hopes they can act on their college connections and lead to college or university opportunities in the coming years.

The Team BC U15 boys had a great trip east! 200+ college and university coaches from 105 schools attended the tournament over the two weekends. Many thanks go out to Team Manager, Ray Richards, and the parents who assisted the team this year. Their help made the experience special and something athletes will always remember!

Team BC Women Showcase Talents in Florida



Photo: Chad Hanson

Team BC Senior Women's teams pose at President's Cup Recruiting Tournament in Florida.

By: LacrosseTalk Staff

This year's Florida adventure had the Team BC Sophomore and Senior teams travel south for the annual deBeer President's Cup Recruiting Tournament in Orlando, Florida and Lake Myrtle Sports Park in Auburndale, Florida November 17-20, 2016.

To add to their busy schedule, the athletes were treated to a tour of the University of Florida Campus by the Gator's women's lacrosse head coach and her two assistants. The tour included stops at the football stadium and women's lacrosse facilities. What a treat for the girls to receive rock star status and to experience a Division 1 lacrosse program in person.

The Team BC Sophomore team was the buzz amongst college coaches at the 2016 event. They finished the event with 3 wins, 1 loss and 1 tie while the Seniors battled to a 2 wins, 1 loss and 2 tie record.

The Sophomores started their tournament tentative and nervous as they held a tight lead 5-4 at the half versus the New Jersey Rage. The girls shed their early jitters after some encouragement from the coaching staff and dominated the second half to pull ahead and win 12-6. In game 2, the Team BC Sophomores were up against US nationally ranked Maryland M&D. This game turned out to be quite a display of talent! College coaches lined the sidelines and weren't disappointed as they watched the lead change several times with the game ending in an 8-8 draw. Game 3 pitted the Sophomores against Bay Side from Annapolis (MD) as Team BC won a hard-fought 6-5 battle – next opponents, Alberta's Elev8. Team BC showed its dominance against their provincial neighbors and roared to an 18-3 final score dominating in every aspect of the game. In the final game, the Team BC Sophomores wrapped up with a 12-6 loss to Tenacity from California. Tenacity continually possessed the ball off the draws and proved too much to handle for the BC girls as the possession game took its toll.

"I'm proud of the high level of game knowledge and lacrosse IQ of our athletes in learning the women's game," said Coach Dan Stroup. "We learned plenty while in Florida and will learn



Photo: Lee Poy

Team BC Sophomore Women's teams pose at President's Cup Recruiting Tournament in Florida.

from all experiences. "This event was perfect from training at a high level and gave us a benchmark to improve individual and team play moving forward."

The Senior squad started their tournament against Elev8 and slowly got their feet under themselves as they cruised to a 7-4 victory. In game 2, Team BC battled to come back and tie Atlanta Stix 8-8. Team BC Seniors faced off against Rapid Lax in game 3. After trailing 6-1, the Seniors turned it on and scored seven unanswered goals and rallied to an 8-6 victory. In game 4, Team BC faced a skilled team from Detroit, who handed the girls an 8-6 loss. In the final game, the Team BC Seniors met Tenacity of California. Easily the best game of the event, the Seniors engaged some good old fashion Canadian transition and tied a very skilled Tenacity team 9-9.

An impressive footnote to the last game of the tournament was the crowd of no less than eight college coaches that waited until the conclusion of the game to speak to individual Team BC players. Team BC Women's Field Lacrosse Program Head Coach, Dan Stroup knows Team BC is going in the right direction in the overall athlete development.

"All athletes have shown promising improvements since training with Team BC," noted Stroup. "The added emphasis on speed, strength and conditioning is paying off as we push the pace of the game to a new level."

Stroup commented on the growth of the senior and sophomore women's teams and their team-play in Florida.

"Our Seniors learned a lot about their game playing in many tight games," noted Stroup. "You cannot teach heart and determination, but our work ethic showed our capability to come back in games as well as stay close in others. With a quick transition, we beat our opponents with quick ball movement – we continuously pressed our rides and doubled the ball everywhere in the midfield."

Team BC Field Lacrosse Co-ordinator, Reynold Comeault was impressed with the Team BC efforts as well as the attention



Photo: Lee Poy

Team BC athletes were highly scouted at the President's Cup event.

the athletes received from college coaches. Many NCAA college recruiting coaches attended each game and scouted Team BC athletes.

"The Senior Team performed well against some very good competition," stated Comeault. "The Sophomore team learned so much about their games and were clearly the buzz of the event amongst some pretty big Women's Lacrosse Programs. Team BC is truly on the college scouting radar. I'm so proud of all of our athletes and their performances."

Comeault worked the sidelines at the Florida event and was overwhelmed by the response from college recruiters showing interest in the Team BC athletes.

"Wow, it was like nothing I have ever witnessed," remarked Reynold Comeault on the number of coaches at the final game. "Following our Seniors game, I was a player's agent scheduling meetings with eight college coaches on the sidelines with our players. The week following the event, I received numerous phone calls each day from college coaches asking to connect with Team BC players."

"Through the guidance and development of Team BC Coaches, our female athletes are truly prepared for the recruiting events that we attend. Team BC Women's Field Lacrosse is on the list of many college coaches recruiting calendars."

The Team BC Women's Field Lacrosse high performance program consists of three Women's Field Lacrosse teams in the Freshman, Sophomore and Senior age categories.

Thank you to all coaches, athletes, parents and volunteers for the great experience this year. A big thank you goes out to Team Managers Rita Stroup and Michelle Dean for their tireless commitment and hard work to make the Team BC experience memorable. Team BC Field Lacrosse Technical Coach, Rey Comeault and Women's Field Lacrosse Program Head Coach, Dan Stroup, continue to drive the program in a direction to make our players coveted.



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WLA Draft Deep with Talent

By: LacrosseTalk Staff

The 2017 Western Lacrosse Association entry draft is scheduled on Thursday February 16th at 7:00PM at the Creekside Community Centre in Olympic Village in Vancouver.

WLA teams are ranking the Junior A prospects and planning their selections in the deepest Junior A Entry Draft in recent years. WLA teams weighed in with their top prospects earlier this month.

Minto Cup Champions, Coquitlam Adanacs and BCJALL Champions, Delta Islanders, graduate a fair portion of their 2016 rosters and lead the way with many high impact players ranked amongst the top prospects.

Delta Islanders graduate three highly touted talented prospects in Evan Messenger, Chase Fraser and Jon Phillips. 242 points were scored between these three offensive threats, each a good bet to crack a WLA roster. Messenger

(41G, 55A) netted 96 points for a 4.80 PPG average in 20 games, while Phillips (23G, 50A) and Fraser (42G, 31A) both potted 73 points for a 4.56 and 4.29 PPG respectively.

The Coquitlam Adanacs captain, Tyler Pace, will be one of the most sought after talents in the draft. Pace was only available for eight 2016 regular season games due to college lacrosse commitments with the University of Denver Pioneers, but that didn't stop him from scoring 41 points (21G, 20A) and a 5.13 PPG in the 2016 regular season. Teammates Jordan Magnusson (7G, 31A) and Jen Luc Chetner (20G, 34A) will also be highly coveted picks in the draft.

New Westminster Salmonbellies standout, Johnny Pearson, is a top five candidate in this deep draft. Pearson was 3rd in regular season team scoring with 37 goals, 47 assists and 84 points in 19 games. Teammate Adam Dickson (53G, 45A), 2nd in team scoring,



Junior Adanac graduate Tyler Pace is a top prospect in the Western Lacrosse Association 2017 draft.

will also garner interest by many teams with a 98 point production in his final year with the baby 'Bellies.

Other draft notable prospects include:

Reece Callies (Delta) – 15GP, 4G, 9A, 13 points, 10 PIM, 0.87 PPG

Adam Jay (Victoria) – 19GP, 7G, 5A, 12 points, 29 PIM, 0.63 PPG

Aiden Milburn (Burnaby) – 8GP; 13G, 13A, 26 points, 3.25 PPG

Cody Nass (Delta) – 15GP, 10G, 24A, 34 points, 2 PIM, 2.27 PPG

Nate Wade (Victoria) – 17GP, 2G, 7A, 9 points, 40 PIM, 0.53 PPG

Langley Thunder hold the number one pick in the 2017 Western Lacrosse Association Draft.

Thunder Stockpile Picks and Add Two Players

By: Trevor McManus, Langley Events Centre

Langley, BC (January 22, 2017) – On a day that is traditionally known for rest, the Langley Thunder did not adhere to that sentiment. In one day, the organization added for the future and the present in separate deals.

Early Sunday afternoon, the team announced a blockbuster deal that netted them seven draft picks over the course of the next four years.

The Thunder sent the playing rights of Brett Mydske, Joel McCready, and Nathan Stewart to the New Westminster Salmonbellies in exchange for the playing rights of Sean Lundstrom, the 5th, 6th, 13th, & 20th picks in 2017, the 1st round pick in 2018, as well as the 2nd and 4th round picks of the 2020 WLA Draft.

“This trade was one of the hardest decisions I have had to make in my time in Langley. To trade a guy who has been our leader and the best defensive player in our franchise’s history in Brett Mydske, was not an easy decision,” said General Manager Rob Buchan. “After finishing last in the league, we felt it was time to rebuild our team from the ground up and we are very happy with this deal.”

Langley native Sean Lundstrom is no stranger to the Langley Events Centre. He spent five seasons in Junior A with the Thunder, where he appeared in 60 regular season games, scoring 58 goals and 115 assists for 174 points. He was drafted by the Salmonbellies 8th overall in the 2014 WLA Draft. In two seasons with New

Westminster he appeared in 25 regular season games scoring 10 goals and 19 assists for 29 points.

In a separate deal with the Nanaimo Timbermen, the Thunder also acquired the playing rights of Davide DiRuscio in exchange for the playing rights of Kyle Belton.

DiRuscio currently plays for the Buffalo Bandits of the National Lacrosse League and backstops the Cobourg Kodiaks of Major Series Lacrosse, where in 2016 he appeared in three games and had two assists and a 9.66 Goals Against Average.

The 2017 WLA Junior A. Draft will take place on Thursday, February 16, 2017 at the Vancouver Creekside Community Centre. It



will be a busy night for the Thunder as they will be on the board with the 1st overall pick as well as 5th, 6th, 8th, 13th, 20th and 22nd in the first three rounds.

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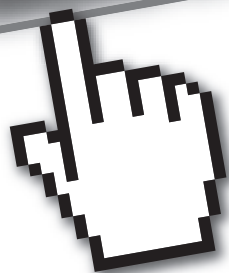
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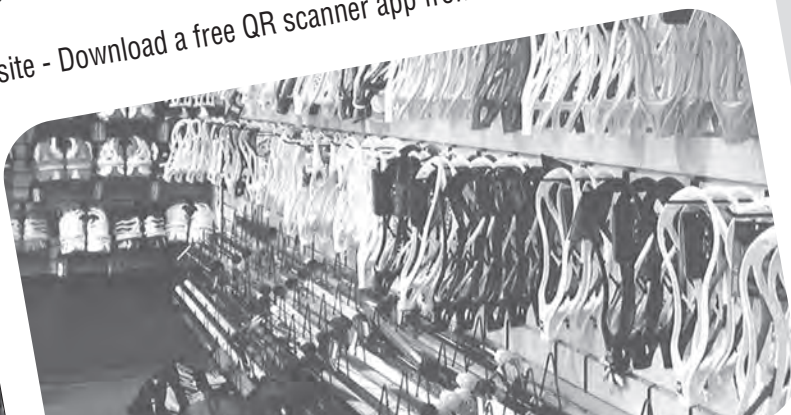
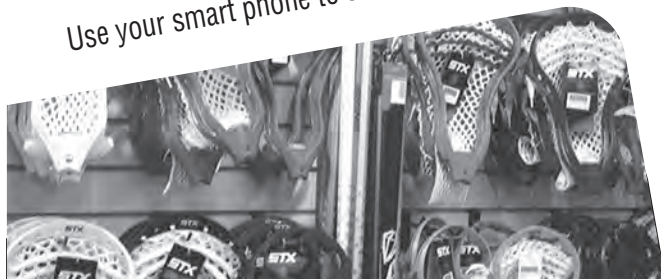


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SFU 2017 Men's Lacrosse Schedule



By: SFU Lacrosse Media

Simon Fraser Head Men's Lacrosse Coach Brent Hoskins (13th season) has announced the Clan's 2017 schedule, complete with four home games and nine away games. In total, SFU will play five games out-of-conference (OOC), in addition to a regular season game versus NCAA Division II opponent Notre Dame de Namur, while facing-off against six teams ranked in last season's Top 25.

Fraser will open the 2017 season on the road with three games in five days during a two-State swing through Nevada and California. The Clan will begin the trip with a game versus the University of Nevada (Feb. 14), before heading southwest to San Luis Obispo, CA, to take on National Champion Runner-up, No. 2 Cal Poly (Feb. 16). The Clan will then conclude the trip with a game versus NCAA Division II opponent Notre Dame de Namur in Belmont, CA (Feb. 18).

The three-game trip will be followed by a brief one-game home stand, as SFU plays their first home game of the season versus regional MCLA Division II rival Western Washington (Feb. 26). Following a bye week, the Clan head back out on the road for a

challenging two-game weekend in Eugene, OR, with their first divisional match-up of the season, versus No. 13 Oregon (Mar. 10), followed by a neutral site contest versus No. 24 Southern Methodist (Mar. 12).

The ideas of March continue to serve up a challenging strength of schedule, as SFU plays three consecutive weekends out-of-town. After the trip to Oregon, the Clan travel to Salt Lake City, UT to play rising OOC opponent Utah (Mar. 17), followed by No. 6 Brigham Young (Mar. 18) in Provo, UT. The University of Utah made headlines this past off-season with the hiring of Brian Holman, fresh of a NCAA Division I National Championship as a longtime Assistant Coach at North Carolina, and the subsequent announcement of plans to transition to NCAA Division I in the near future.

After southern trips to Oregon and Utah, the Clan will head east to cap off a lengthy three-weekend stretch versus PNCLL divisional opponents Idaho (Mar. 25) and Washington State (Mar. 26).

The friendly confines of Terry Fox Field will await SFU for their final three games of the regular season, as the Clan return home for remaining divisional matchups versus Boise State



Photo: Paul Evans

SFU looks to rebound after a 8-8 2016 record and a PNCLL conference final loss to Oregon State.

(Apr. 7), No. 12 Oregon State (Apr. 15) and Washington (Apr. 22). Simon Fraser University will then play host for the PNCLL Conference Championships April 28-30 where the Clan hope to be competing for their tenth PNCLL Championship and an automatic birth to the MCLA National Championship Tournament May 8-13 in Southern California.

Claremont Tops Space Needle Shootout

By: LacrosseTalk Staff

Over 1,500 youth, middle and high school-aged lacrosse players including many NCAA prospects in the Northwest converged on Tukwila on December 2-4, 2016 weekend for the 13th annual Space Needle Shootout.

The annual event presented by WALAX.com has grown with the sport to become the region's largest lacrosse tournament with 81 individual teams from Washington, Oregon and British Columbia taking part. Out of the 81 teams, 22 teams hailed from clubs in BC.

Along with play at the youth, and middle school levels, the tournament attracted players from many of the top high school and club lacrosse teams in the region along with representatives from a number of colleges and college recruiting events.

Victoria's Claremont Spartans Varsity lacrosse team went a perfect 5-0 at the Space Needle Shootout outscoring their opponents 47-11. The Claremont Varsity team round robin games scores were: Maniax Elite (12-1), Quesnel (15-0) and Laketown (7-2). In the semi-finals, the Spartans continued their winning ways with a victory over Mercer Island (7-3). It was the fourth year in a row Claremont made it to the High School Elite cham-

pionship – and the third time the Spartans took the title over Bellevue (6-5).

Claremont Junior Varsity team also went a perfect 5-0 outscoring their opponents 57-9 at the Space Needle Shootout. The Spartans went undefeated in the round robin with wins over Seatown Kings (17-2), New Westminster (15-1), and Lilac City (12-1). In the medal round, the Spartans battled to an 8-4 win over Bridge City H.S., and in the final, a convincing victory over Bellevue (5-1) to take the High School (9 & 10th grades) title.

"It was the Senior team's fourth consecutive and the Junior team's third in a row. A credit to each as both teams continued out streak of undefeated play at the tourney over the last 4 years," said Head Coach Daren Reisig. "The coaching staff would like to congratulate all players for their efforts and commitment throughout fall ball -- it was a great way to culminate the work put in this far this year."

Out of the twenty-two teams from BC that compete in the Shootout, only the Ridge Meadows Burrards made it to a final game. The Burrards, in the 5/6 Tournament section, dropped a 7-1 decision in the final match against Cityside.



Photo: Claremont-Lacrosse

Claremont Junior Varsity team wins fourth High School Elite title at the Space Needle Shootout.



Photo: Randy Dastep

Claremont Varsity team wins fourth High School Elite title at the Space Needle Shootout.

Q&A with CLA Chair of Officials, Andrew Corbould

By: Andy Watson

Andrew Corbould is a familiar face in the BC box lacrosse circles. Coming up on the first anniversary of his new role as chair of officiating for the Canadian Lacrosse Association (CLA), he is becoming recognized across the country in all sectors of the sport as he looks to advance officiating in men's and women's field and box lacrosse from coast to coast.

In February 2016, Corbould was officially appointed as the national officiating chair at the CLA's SAGM following a call for interested people to apply. He was elected after an interview process and has quickly realized just the enormity of the task.

"I knew coming in one of challenges was around communication – and around the need to get more things out to people across the board," Corbould says in reflecting on his first year in the role. "We've had limited success in the first year but I'm looking to develop and build on this for the season ahead now that I have a year under my belt."

A challenging role to bring all provincial associations together toward a national vision, Corbould works with officials associations across the country to improve awareness, consistency and communication.

"It was box season starting up as soon as I was in the role and trying to get on top of processes that are involved in terms of looking at Referees In Chief and refs to officiate at nationals, ensuring Member Associations are looped in so they can meet deadlines, learning processes at my end. It's a lot but I'm enjoying it."

Corbould says he has one simple short-term goal: improved communication.

Corbould told us what is ahead for 2017.

Tell us about you being named as new chair of officiating?

I am honoured to be here. I was appreciative of work Brent McCauley did before me. He had been in there for a number of years and did a lot of great work. And learning about field too, the expectations around umpires and referees for lacrosse – it was an eye-opener. It is my hope that over the next couple of years that we do improve, across the board, the level of consistency of officials at all levels. This starts with instruction, making rules clear, providing good guidelines that help them understand variances in the rules.

What changes can we expect for the 2017 box lacrosse season?

There will be two new rules – one around taunting, a rule separate from the existing unsportsmanlike conduct penalty for players trying to incite something. After getting some feedback across the country, we're looking to clamp down on this – for example, comments after goals could be construed as a form of bullying and this confrontational piece needs to be taken out of the game. We have another rule change around face masking. In the past, it has come under unnecessary roughness, now it's going to be a separate rule to help the referees out. Often guys will grab each other's facemask and would not shake it around but the rules only gave officials a major penalty option. Now refs have a minor penalty option and it will be called the right thing as face masking as a minor penalty minimum or more as necessary. This adds more clarity and gives officials options. We're also looking at the selection process for referees at nationals and developing a level of competence to match the level of play across all levels.

What work has the National Officials Certification Program (NOCP) committee been doing?

An evolution of teaching is taking place. We're looking at taking things beyond what we've done in the past and want to continue to introduce more video and interactivity into the classroom. So, we have added more video to our clinics as a visual learning opportunity for showing thresholds for referees in instruction and development. We're also looking at enhancing the on-floor instruction component.

What else is on the horizon for officiating in Canada?

It comes down to developing greater consistency. Players will be used to it and won't have to adapt when going to a national tournament. Mechanics between officials will be more consistent so it will be easier transition toward nationals when working with partners you don't know. So, we are trying to work on consistency across the country especially around the coverage on the floor. We're looking to hammer something out that we can consistently teach as opposed to some of the regional practices we're seeing that are not consistent from province to province. We worked on a floor-coverage graphic which will be communicated out to each of the provinces for clinics this year and that should be a big help.

What can you update us on regarding the mandatory helmets piece?

Helmets will be mandatory for box lacrosse officials at all levels starting this season. We piloted it at national championships last year. It comes down to referee safety. It will be mandatory to have a black helmet and there will be a wide range of options around visors – the visors, they are not mandatory or officially recommended, but referees can wear a visor provided it is CSA approved – and it will be the same guidelines as helmets.



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Way To Go!

Gord McIntosh (Minor Directorate Chair)

Gord has been involved in the lacrosse community for decades as a player and ref. The first game he reffed was in 1974, five decades of lacrosse later, he's going as strong as ever! You can say lacrosse is in his blood--one of four children of the late great lacrosse enthusiast, Gary McIntosh, who was and instrumental leader and past BCLA President.

Gord has served in numerous roles with the Port Coquitlam Minor Lacrosse Association (PCMLA) executive as a Division Manager (2001-05), Tournament Co-ordinator (2005-08) and President (2008-13). He has volunteered at Box Provincials and coached many box teams along the way.

McIntosh increased his portfolio with BCLA positions as the Female Box Lacrosse Chair (2013-16) and the newly promoted Minor Directorate Chair in 2016.

Gord's volunteerism has never been overlooked as he received a Jimmy Gunn Merit Award (2002) and a City of Port Coquitlam Sport Volunteer Award (2013).

His best lacrosse memories include winning Provincial titles, coaching his children, coaching with his son and reffing in Minto and President Cup National Championships

Congratulations Gord!

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Lacrosse the Country

Canada Narrows Down 2017 Women's World Cup Roster to 18

By: CLA

In November, Team Canada's coaching staff selected 25 players that trained with the team in preparation for this summer's 2017 FIL Women's Lacrosse World Cup. The latest round of cuts were made after a Thanksgiving weekend training camp at the Team USA Fall Classic in Baltimore, Maryland.

While Canada went winless in a series of exhibition games against some of the top lacrosse nations during the event, losing to Australia (13-10), England (7-6) and the U.S. (20-5), the staff used the games to evaluate the 41 women that were competing for a spot on the final roster.

"Our overall record does not show what we were taking out of the weekend," said head coach Scott Teeter. "My staff and I were able further evaluate of all forty players, which provided us with some great insight as we continued through the process of selecting our final roster."

It was also the first time Teeter and his staff had the opportunity to see their offensive and defensive systems implemented by the players outside of practice.

"We saw a number of players step up and buy into our systems and also had a few surprise performances," he added. "It left us with

a number of difficult decisions to make in order to narrow down our group."

3 Former
Team BC
Players
Crack 2017
Team Canada
Roster

Nearly all of the players on the Top 25 roster have previously represented Team Canada, led by long time veterans Dana Dobbie and Crysti Foote. They will be joined by nine players from the 2015 gold medal winning U19 squad, as well as a few youngsters making their international debut, including the 15-year-old Bianca Chevarie and 16-year-old Claire Mills.

The team selection process has been ongoing for nearly a year, and with so many great players to choose from, narrowing it down was surely was not an easy task.

The staff received 127 tryout applications in late 2015, and of those 79 participated in the team's first camp at Syracuse University in August. Roughly half were eliminated from contention afterwards, leaving the 41 players that took part in the most recent camp.

"The entire staff has worked tirelessly to select the 25 best players that will help us compete on the world stage," said women's field program director Gary Gait. "This talented and athletic group of athletes will help us compete for gold!"

Reflecting on the Fall Classic weekend, a positive Teeter was looking forward to getting back to work.



Photo: CLA

Team BC graduates Danita Stroup (photo #8), Selena Lasota and Megan Kinna were named to the 2017 Women's World Cup roster.

"Any time you get to play the other lacrosse powerhouses you get to see where your group is at," he said. "We are heading in the right direction, but we have a lot of work to do."

The coaching staff will have a few more opportunities to evaluate their roster and implement their systems, with training camps scheduled for January and May. They will need to cut the roster from 25 down to 18 in time for this summer's 2017 FIL Women's Lacrosse World Cup in Guildford, England and 2017 World Games in Wroclaw, Poland.

At press time, the 18 player roster was announced. The 2017 roster includes:

Emily Boissonneault (Brooklin, ON), Bianca Chevarie (Brantford, ON), Allison Daley (Peterborough, ON), Dana Dobbie (Fergus,

ON), Katie Donohoe (Peterborough, ON), Erica Evans (Peterborough, ON), Crysti Foote (Mimico, ON), Taylor Gait (Fayetteville, NY), Katie Guy (Whitby, ON), Avery Hogarth (Mississauga, ON), Alie Jimerson (Irving, NY), Megan Kinna (Maple Ridge, BC), Selena Lasota (Campbell River, BC), Tory Merrill (Orangeville, ON), Claire Mills (Oakville, ON), Kaylin Morissette (Bowmanville, ON), Danita Stroup (Port Coquitlam, BC), Lydia Sutton (Minneapolis, MN).

Arena Lacrosse League (ALL) Opens Play in 2017

By: LacrosseTalk Staff

The Arena Lacrosse League (ALL) is the latest creation of a new winter indoor lacrosse league that began play Saturday January 7, 2017, with a Showcase Event featuring a triple-header of games at the General Motors Centre in Oshawa.

Confirmed teams in the six team league are Oshawa Outlaws, Paris River Wolves, Peterborough Timbermen, Six Nations Snipers, St. Catharines Shockwave and Toronto Monarchs. The league also announced the six teams will play out of three Ontario venues in their inaugural season; GM Centre in Oshawa, Iroquois Lacrosse Arena in Hagersville, and the Syl Apps Community Centre in Paris, Ontario.



The ALL will play NLL rules and will provide players the opportunity to play during the winter months. For more information visit arenalacrosseleague.ca.

5 More things you need to know about the ALL: Players 18 (1998) and over can play in the ALL; the ALL will be an amateur league -- Junior age players can play and retain their NCAA eligibility; Ontario Junior Players that are not away at school should play in the ALL if they want to improve their box game during the winter months; ALL games are played on turf; and NLL practice roster players can play in the ALL.

Rules: The Arena Lacrosse League will play under the NLL rules where applicable. The ALL will not have coach's challenges. The ALL will play with a game roster of 18 players and 2 goalies. Net Size: The ALL will use 4x4.9 nets. Roster Size: Roster size for each ALL team will be 20 players and 3 goalies.

Jonas Derks (Vice-President of Player Development), Dale Sett (Director of Officials) and Brent McCauley (Supervisor of Officials) are the ALL executive team for the inaugural season.



Photo: ALL

ALL lacrosse action Oshawa vs Six Nations.

Western Wins 2016 Baggataway Cup Championship

By: CUFLA

One year ago, a young but talented Western Mustangs team was heartbroken when they lost the Baggataway Cup championship game to the McGill Redmen. November 6th, in St. Catharines, the Mustangs won the title they vowed to do everything they could to win, beating the Trent Excalibur 11-7 to earn the title of 2016 CUFLA champions.

"We've been thinking about this since last year at this time," Western head coach Jeremy Tallevi told CUFLA.ca. "I think basically every guy that was on this team last year was committed to being back here. We had some great rookies, great additions, and guys really stepped up this weekend and all through the year."

The key to the win was a 33-minute stretch from the start of the second quarter well into the third during which Western outscored Trent 5-1 to take control of the game with an 8-4 lead. Trent wasn't able to claw back closer than a two-goal deficit the rest of the way despite a concerted effort.

Ryan Myles, who had a big game in the 2015 final with four goals and two assists, was even better this year. He scored five goals and an assist in the final and was named tournament MVP with eight goals and two assists on the weekend. Myles scored from a broad variety of shots and locations. His work helped take the pressure off forward Cody Ward, who drew much of Trent's defensive focus but who still managed a hat trick with a pair of goals late in the final.

"They gave a lot of attention to Reid Reinholdt," Myles said of his fellow midfielder. "He played really well in the regular season so he just opens up the field and we got it done."

Myles gave lots of credit to the Mustangs coaching staff for getting them ready to play. "Our coaches did a good job of preparing us for this game, watched a ton of film. We just came out confident, knowing we could win this one."

It was great to go out on top, the fourth-year player added. But the Mustangs aren't ready to settle for one Baggataway Cup. Goalie Manraj Nijjar, who was the CUFLA West All-Canadian and the Baggataway all-star keeper, is only in second year and says he and his teammates will be after more gold. "We want to keep pushing, we want to keep winning the cup, we want to hold it down for a few more years," Nijjar said.

The teams traded goals in the first quarter, with Western scoring three times and Trent responding each time. Myles' third and fourth goals in the second quarter gave the Mustangs a lead they wouldn't relinquish, although Justin Demarchi's goal four minutes before half time got the Excalibur close.

Trent faceoff man Nick Karam had a strong first half against Western's Michael Byrne, who was dominant when the Mustangs took out Guelph by a single goal in the semifinals. Byrne turned things around as the game went on, though, and his ability to produce possession was critical to Western's ultimate success.

Between Nijjar making critical saves and Byrne getting them the ball back after goals, Western was able to keep the Excalibur from sustaining momentum.

"Manny was incredible today. Whenever we needed a big save, he was there, responded and shut the door on them," Tallevi said. "I think Michael Byrne on the draws, the same way. They would get a bit of momentum then we would get the ball back and stop it. Our whole faceoff group worked harder than ever this year and in games like today and yesterday, it was really worth it. They made a difference."

The defence, led by Patrick McRory and LSM Keagan Croley as well as defensive middle Austin Haber, did their part by keeping Trent's top scorers in check. Jeff Fernandes didn't hit the scoreboard at all in the final after a regular season in which he scored 25 goals and 25 assists. Trent's leading goal scorer Cam Garlin had just one goal in the game and of-



Western Mustangs win the 2016 Baggataway Cup 11-7 over Trent.

fensive catalyst Garrett Eddy was held to two second-half goals.

For the Excalibur, the loss was a disappointing ending to a brilliant season that saw them open with 11 straight wins and reach the Baggataway Cup championship game for the first time. While the result wasn't what they had hoped for, head coach Geoff McKinley was proud of his players.

"They worked hard game in and game out," McKinley said. "They really were a close group of guys. We just didn't come up today. Western played really well and they buried on their chances. We didn't."

While Nijjar was very good, McKinley pointed out that it was a complete effort from him and the defence in front of him that made it difficult for Trent's usually potent offence to score the way they usually do. "They jammed up the middle pretty good. They kept you off-balance," McKinley said. "They were fast and they really pressured the shots. It took away our guys' ability to spot shoot, which we have some guys who can do it. Kudos to them, they did a good job."

While McGill and other teams will have something to say about it, both Western and Trent look like solid bets to be pushing for Baggataway Cup titles in the coming years. Both have talented teams that have gained valuable experience over the past couple of seasons.

"We lose five. We lose some leaders on the back end, Cole Murduff and Brandon Armstrong, but I'm confident some of our younger guys will be able to step in," McKinley said of his team. "This is a great learning experience for them this year. Sometimes it takes the experience of getting here. Western hasn't won for 15 years, since 2001, and they've been here several times. The message to our guys is, it's not easy. These chances don't come every day but at the end of the day we tried our best and that's all you can ask of the guys."

The championship game capped off an exciting weekend of CUFLA lacrosse and the talent on display bodes well for continued high-quality competition in 2017 and beyond.

CLA Welcomes Jules Alie as High Performance Coordinator



By: CLA

OTTAWA, ON (January 10, 2017) - The Canadian Lacrosse Association (CLA) is pleased to announce that Jules Alie has been hired in the newly created role of High Performance Coordinator, a contract position ending March 2017.

Based out of the CLA office in Ottawa, Ont., Jules will collaborate with national team staff to develop and implement technical items that will help move our high performance programs forward. He will also work alongside major stakeholders such as Sport Canada, the Federation of International Lacrosse, the Canadian Centre for Ethics in Sport, and the World Anti-Doping Agency.

Jules joins the CLA after a six year stint with Canada Soccer, one of the country's largest National Sport Organizations, where he worked on multiple portfolios in the national teams department. For the past three years, he served as Coordinator, Coaching and National Teams, where he was responsible for providing administrative support for the youth national teams and on-site support at a variety of international events held in North America, Central America, and the Caribbean, including the 2015 Pan American Games in Toronto, Ont.

Prior to joining Canada Soccer, Jules completed an internship at Canadian Cycling Association and also worked in a game-day operations role with Ottawa Fury FC.

A native of Kanata, Ont., he graduated with a Bachelor of Arts, with a major in Commerce, from Mount Allison University in Sackville, New Brunswick, and later went on to complete a Graduate Diploma in Sports Business Management at Algonquin College in Ottawa, Ont.

Jules enjoyed success on the pitch while completing his studies, playing varsity soccer throughout his time at Mount Allison, where he was twice recognized as an Atlantic University Sport all-star. He also played one season of NCAA Division III soccer at Buffalo State College in New York.

Please join us in welcoming Jules to the CLA office and to our greater lacrosse community. He can be reached by email (jules@lacrosse.ca) or by phone (613-260-2028 x303).



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Coaches Corner Concussion Management

By: Duane Bratt, CLA National Resource Person

Recently The Simpson's dedicated an entire episode to lacrosse. While lacrosse fans cheered the pop culture exposure for their sport, the episode was not completely satisfying. The Springfield kids switched from football to lacrosse because of concussions. This makes sense given that football is the number one sport for concussions. Unfortunately lacrosse, as even The Simpson's acknowledged, is number two. This means that the lacrosse community needs to take steps to prevent, mitigate, and address concussions. Right now, concussion education varies across the country with different regulations and philosophies depending upon the province, league, or team. What lacrosse needs is a country-wide comprehensive concussion protocol.

The good news is that the Canadian Lacrosse Association is in the process of reviewing a comprehensive concussion strategy. This concussion policy is being developed by the Federation of International Lacrosse. The goal is to have a common concussion protocol in place throughout Canada by the 2017 season.


In the meantime, the CLA has already undertaken several initiatives in the last few years. First, it increased the concussion education for all lacrosse coaches. All trained competitive-introduction coaches are now required to complete the Making Headway elearning module. Making Headway was developed by the Coaching Association of Canada. There are sport-specific modules (ie., football, soccer, etc.), but lacrosse coaches need to take the generic version. The module explains the signs of a concussion, symptoms, and what to do if a concussion occurs. A major emphasis is the return to play protocol which involves six steps:

- Physical and mental rest until symptom free
- Light aerobic exercise such as walking
- Individual non-contact lacrosse-specific training such as passing and catching
- Team non-contact lacrosse-specific training such as flow drills
- Full-contact lacrosse training
- Game play


It should take coaches about 60-90 minutes to complete the module. For those coaches who achieved trained or certified status prior to October 1, 2014 are not mandated to complete Making Headway, but they are strongly encouraged to complete the modules and will receive 5 professional development points for doing so.

A second step that was done involved strengthening the penalties around violent actions that contributed to concussions. In particular, fighting and checks to the head. In the case of fighting, the CLA toughened the penalties by adding automatic game misconducts for all fights as well as additional penalties for instigators and aggressors. For high sticking, the CLA introduced a ladder of penalties with specific definitions: minor penalty, major penalty, game misconduct, and match penalty. In general, the ladder for a cross-check to the head should start at the major penalty step.

It is important that lacrosse develop and implement a comprehensive concussion strategy for a number of key reasons. First, there is a greater awareness of concussion today than ever before. For example, Governor-General David Johnston recently convened a high-level conference on sport concussions that featured guests that included professional athletes (ie., Eric Lindros, Matt Dunigan), Olympians, doctors, and sport organizations. Second, we have a responsibility to our players to provide a high standard of care. Third, parents are making decisions about the sports their kids play based, in part, on the amount of concussions. Already lacrosse is struggling with recruitment and retention. It will become worse if lacrosse is seen as a "bad" sport for concussions. Finally, laws are now being crafted around concussions. Already, in June 2016 Ontario passed Rowan's Law which was named after a female high school rugby player who died after multiple concussions. It dictates the management of concussions in youth sports. Other provinces, including British Columbia, are eyeing similar pieces of legislation.



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In Memory of Jack Crosby

"Mr Lacrosse"



The BC Lacrosse Association (BCLA) Members have created the Jack Crosby Endowment Fund in honour of the man whose name is synonymous with Lacrosse in the City of Burnaby, throughout British Columbia, and across Canada. As an athlete, coach, volunteer, and mentor, Jack has touched many lives within the lacrosse community and beyond.

The Jack Crosby Endowment Fund will provide a sustainable future for the lacrosse community who play, coach, volunteer, referee and enjoy the game of lacrosse throughout BC.

Charitable donations will be invested in the principle of his trust fund.

These donations will never be touched and will be a growing investment managed by the Vancouver Foundation. Interest of 5% per year will be allocated to the BCLA and

these funds will be used to support innovative projects and programs that will address the needs of BCLA members.


This is an investment for our lacrosse community to become self-reliant; a fund that will benefit our grandchildren's children; a legacy that will continue to "pay it forward" forever; a future for lacrosse that we feel Jack would be proud to support.

To make a charitable donation to this fund, please make cheques out to Vancouver Foundation referencing the BCLA Jack Crosby Endowment Fund in the memo line.

The BCLA members will strive to build this Endowment so that we who share the passion for Lacrosse today will leave a lasting legacy for the game of lacrosse throughout British Columbia.

Jack Crosby Endowment Fund Donations can be sent to:

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(BCLA Jack Crosby Endowment Fund)
Suite 1200-555 West Hastings Street
Vancouver, BC V6B 4N6



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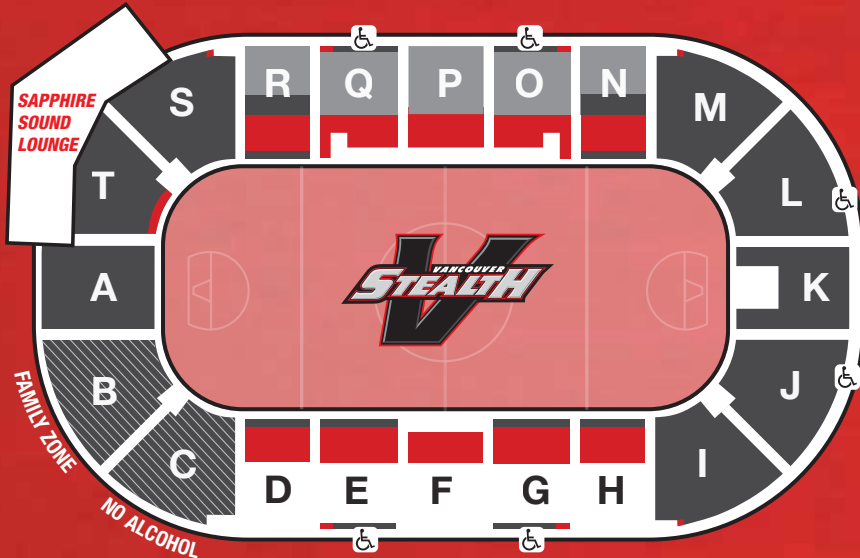
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